# Year 4 Camp

## Why are we going?

- Central Idea Biodiversity relies on maintaining a balance within nature
- Adventure and fun
- Outdoor experiences
- Real life inquiry
- Connecting and cooperating with each other
- Developing independence

#### When?

• March 6-8 (Wednesday to Friday)

#### Where?

- Sai Kung Outdoor Recreation Centre
- Beautiful, clean, well maintained, hygienic, safe, great facilities

#### What will we be doing?

- Science walk in the country park
- Study of urban environments
- Camp based sports and activities including:
- Archery
- Indoor climbing wall
- ropes course
- roller skating

# Our adventure begins ...







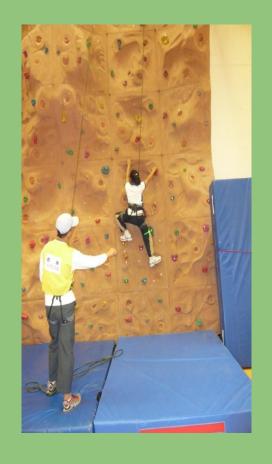
# It's a bull's eye





## Rock Climbing ....





Did you ring the bell?

# Playground fun





#### Indoors ... outdoors



## Watersports Day - sailing fun at Trio Beach



#### HHYC as a provider

Half day rotation of water activities:

Dinghy Sailing

Kayaking/SUP

Beach Challenge

Walk to Trio Beach

Kaito back to Sai Kung Town

Bus back to Camp

# What do we need?

-Kit List - everything LABELLED please -Shoes - walking trainers, WET SHOES - close toed securely fastenable (optional: slippers/flip flops) -Day Bag and Camp Bag - let them pack the bag. Food - extra snacks

MEDICINE – Prescribed ONLY label clearly, name, dose, time GIVEN TO SCHOOL WEEK BEFORE

Three large NAMED ziplock bags

## What to bring on Wednesday March 6

- Wear PE kit including hat
- Day bag rucksack/backpack
- Snack and Lunch
- Water (at least 1 litre)
- •Sun cream and insect repellant already applied!
- NO MOBILE PHONES/electronic games

#### Medical

- We have all the students' medical alerts on file and each adult will have a copy - please ensure these are up to date via Gateway
- Prescribed medicines only
- Encourage independence with long-term medication eg inhaler
- No un-prescribed medicines can be administered please don't ask us

#### **Emergencies**

- School Office during School Hours
- Emergency number will be sent by email before we go
- If medical/first aid issue on camp, KJS staff member will call parents and advise/decide what course of action
- If I decide to take your child to hospital the expectation is that you meet me there. Tseung Kwan O Hospital

#### Food

- Menu designed for students
- Pizza and ice-cream
- We have student needs on record
- The restaurant has been informed of our dietary requirements
- Please speak to your child's class teacher for further details/needs

## Any questions?

• Thank you for coming.