

Year 4 Camp

Why are we going?

- Central Idea – Biodiversity relies on maintaining a balance within nature
- Adventure and fun
- Outdoor experiences
- Real life inquiry
- Connecting and cooperating with each other
- Developing independence

When?

- March 6-8 (Wednesday to Friday)

Where?

- Sai Kung Outdoor Recreation Centre
- Beautiful, clean, well maintained, hygienic, safe, great facilities

What will we be doing?

Science walk in the country park

Study of urban environments

Camp based sports and activities including:

- Archery
- Indoor climbing wall
- ropes course
- roller skating

Our adventure begins ...



It's a bull's eye



Rock Climbing ...



Did you ring the bell?

Playground fun



Indoors ... outdoors



Watersports Day - sailing fun at Trio Beach



HHYC as a provider

Half day rotation of water activities:

Dinghy Sailing

Kayaking/SUP

Beach Challenge

Walk to Trio Beach

Kaito back to Sai Kung Town

Bus back to Camp

What do we need?

- Kit List - everything LABELLED please
- Shoes – walking trainers, WET SHOES - close toed, securely fastenable (optional: slippers/flip flops)
- Day Bag and Camp Bag – let them pack the bag.
Food – extra snacks

MEDICINE – Prescribed ONLY

label clearly, name, dose, time GIVEN TO SCHOOL WEEK
BEFORE

Three large NAMED ziplock bags

What to bring on Wednesday March 6

- Wear PE kit including hat
- Day bag – rucksack/backpack
- Snack and Lunch
- Water (at least 1 litre)
- Sun cream and insect repellent already applied!
- NO MOBILE PHONES/electronic games

Medical

- We have all the students' medical alerts on file and each adult will have a copy - please ensure these are up to date via Gateway
- Prescribed medicines only
- Encourage independence with long-term medication eg inhaler
- No un-prescribed medicines can be administered – please don't ask us

Emergencies

- School Office during School Hours
- Emergency number will be sent by email before we go
- If medical/first aid issue on camp, KJS staff member will call parents and advise/decide what course of action
- If I decide to take your child to hospital the expectation is that you meet me there. Tseung Kwan O Hospital

Food

- Menu designed for students
- Pizza and ice-cream
- We have student needs on record
- The restaurant has been informed of our dietary requirements
- Please speak to your child's class teacher for further details/needs

Any questions?

- Thank you for coming.