

Kit List Y4 Camp 2019

*****Everything needs to be clearly marked with the full name of the student.
Please help children to pack their own bags.*****

Suggested Kit List

- ☐ Holdall or rucksack to hold clothes for the three days.
- ☐ A day backpack
- ☐ Packed lunch and healthy snacks for Day 1 (no nuts)
- ☐ A few more snacks if necessary (no nuts)
- ☐ 3 changes of clothing (shorts for during the days – not jeans)
- ☐ Perhaps jeans or long trousers for evening (optional)
- ☐ 4 changes of underwear
- ☐ 4 pairs of socks
- ☐ pyjamas /nightdress
- ☐ trainers
- ☐ wet shoes*
- ☐ lightweight waterproof jacket
- ☐ 1 swimming costume
- ☐ beach towel
- ☐ light sweater
- ☐ pen and pencils
- ☐ wash bag
- ☐ soap and face cloth
- ☐ toothbrush and paste
- ☐ brush/comb
- ☐ sun cream/lotion
- ☐ insect repellent
- ☐ towel for use after showering (not a hand towel)
- ☐ tissues
- ☐ school sunhat/cap
- ☐ plastic water container – at least 1 litre
- ☐ reading book from home (NOT library book)
- ☐ OPTIONAL - Inexpensive digital camera, but no iPods or cell phones

*Wet shoes must be closed-toed and fastenable ie lace ups or velcro fasten. Crocs and sandals are not suitable as they come off in the water and do not protect toenails adequately. If you are not sure about this, please contact your child's teacher.

Please use your discretion about expensive items. Children will need to take responsibility for everything they bring.

Prescription medicines must be labelled with name, class and dosage and must be accompanied by the doctors prescription. **The corresponding KJS medical form must be filled out and given to our nurse, Ms. Davies, before Friday March 1st.** KJS teachers are not authorised to give any medicine to children which does not come with a prescription from a doctor or without the KJS medical form. Please don't ask us to make exceptions to this rule because we will be unable to do so.

Children **MUST NOT** bring mobile phones or electronic devices to camp.