

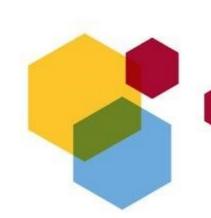
Open to **ESF & Non ESF Students** 

**ENROL ONLINE** 

## Why choose ESF Sports?

- Open to all
- Internationally qualified coaches
- Promote psychological health and well-being
- Develop social skills such as team-work and leadership
- Foster problem solving and creative thinking
- Contributes to stronger academics
- Resilience through positive experiences







20 - 23 February 2018

## **Programmes available:**

- Basketball
- Swimming
- Tennis
- Football











